



## The Enneagram: 2020 Dates

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The Enneagram is a popular method of self understanding that is based on Nine Distinctive Personality Types. A better understanding of your own personality type, & those in your family or those you interact with, will enable you to communicate better with others.

Booking : [https://myst\\_enneagram\\_workshops.eventbrite.com.au](https://myst_enneagram_workshops.eventbrite.com.au)

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|--|---|---|
| Mon 13 Jan<br>and 13 July<br>Venue tba<br>School<br>Holidays   | 11-1pm<br>\$40<br>Eventbrite<br>link above  | <b>Introduction: - Why do others see things differently ?</b> A better understanding of your own personality type, and those in your family or those you interact with, will enable you to communicate better with others.<br><b>Participants :</b> Young People and Youth Workers<br><b>Facilitators:</b> Sue Huehn and Youth Worker   |
| Tues 14 Jan<br>and 14 July<br>Venue tba<br>School<br>Holidays  | 11-1pm<br>\$40<br>Eventbrite<br>link above  | <b>The Personality You Portray &amp; Childhood Messages.</b> Now, we will help you become aware of 'The personality you portray and the unconscious choices you make' in this workshop, as well as the 'Childhood Messages' you have carried into your adult life '<br><b>Participants :</b> must have done the Introduction – Why do others see things differently ? or have knowledge of their Enneagram type.<br><b>Facilitators:</b> Sue Huehn and Youth Worker |
| Thurs 16 Jan<br>and 16 July<br>Venue tba<br>School<br>Holidays | 11-1pm<br>\$40<br>Eventbrite<br>link above  | <b>Introduction: Why do others see things differently ?</b> A better understanding of your own personality type, and those in your family or those you interact with, will enable you to communicate better with others.<br><b>Participants :</b> Young People and Parents<br><b>Facilitators:</b> Sue Huehn and Youth Worker   |
| Fri 17 Jan<br>and 17 July<br>Venue tba<br>School<br>Holidays   | 11-1pm<br>\$40<br>Eventbrite<br>link above  | <b>Centers of Intelligence</b> Now, we will help you become aware of 'The Different Centres of Intelligence for the Personality Types'. How do you react to situations? Are you all in your head or does your heart lead? Do you act through instinct ?<br><b>Participants :</b> must have done the Introduction – Why do others see things differently ? or have knowledge of their Enneagram type.<br><b>Facilitators:</b> Sue Huehn and Youth Worker             |
| Thurs<br>13 Feb &<br>13 Aug<br>Venue to be<br>advised          | 10-12pm<br>\$40<br>Eventbrite<br>link above | <b>Introduction: Why do others see things differently ?</b> A better understanding of your own personality type, & those in your family or those you interact with, will enable you to communicate better with others.<br><b>Group availability (teachers or health or welfare workers or Adults/Teams)</b><br><b>Facilitators:</b> Sue Huehn and Amba Lewis Rosman   |
|  | 1-3pm<br>\$40<br>Eventbrite<br>link above   | <b>Reactions to Stress.</b> Now, we will help you become aware of 'The Fundamental way that our personality defends against loss and disappointment.'<br><b>Participants :</b> must have done the Introduction – Why do others see things differently ? or have knowledge of their Enneagram type.<br><b>Facilitators:</b> Sue Huehn and Youth Worker   |
| Sat<br>28 March<br>and<br>26 Sept<br>Venue to be<br>advised    | 10-12pm<br>\$40<br>Eventbrite               | <b>Introduction: Why do others see things differently ?</b> A better understanding of your own personality type, & those in your family or those you interact with, will enable you to communicate better with others.<br><b>Group availability (teachers or health or welfare workers or Adults/Teams)</b><br><b>Facilitators:</b> Sue Huehn and Amba Lewis Rosman   |
|  | 1-3pm<br>\$40<br>Eventbrite<br>link above   | <b>The Personality You Portray &amp; Childhood Messages.</b> Now, we will help you become aware of 'The personality you portray and the unconscious choices you make' in this workshop, as well as the 'Childhood Messages' you have carried into your adult life<br><b>Participants :</b> must have done the Introduction – Why do others see things differently ? or have knowledge of their Enneagram type.<br><b>Facilitators:</b> Sue Huehn and Worker         |



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|--|---|---|
| Thurs<br>22 Oct<br>Venue to be<br>advised  | 10-12pm<br>\$40<br>Eventbrite<br>link above | <b>Introduction: Why do others see things differently ?</b> A better understanding of your own personality type, & those in your family or those you interact with, will enable you to communicate better with others.<br><b>Participants :</b> Group availability (teachers or health or welfare workers or Adults/ Teams)<br><b>Facilitators:</b> Amba Lewis Rosman and Youth Worker  |
|  | 1-3pm<br>\$40 Eventbrite<br>link above      | <b>Self-Care according to Your Personality</b> Now, we acknowledge that fact that we are not all the same, so our self-care needs to be appropriate for our type. We will discuss all Enneagram Types and appropriate self care for your Enneagram Type.<br><b>Participants :</b> must have done the Introduction – Why do others see things differently ? or have knowledge of their Enneagram type.<br><b>Facilitators:</b> Amba and Worker   |
| Thurs 28<br>May<br>and 12 Nov<br>Venue tba | 10-12pm<br>\$40<br>Eventbrite<br>link above | <b>Introduction: The Enneagram - Why do others see things differently ?</b> A better understanding of your own personality type, & those in your family or those you interact with, will enable you to communicate better with others.<br><b>Group availability (teachers or health or welfare workers or Adults/Teams)</b><br><b>Facilitators:</b> Sue Huehn and Amba Lewis Rosman   |
|  | 1-3pm<br>\$40 Eventbrite<br>link above      | <b>The Enneagram: Personality Types and their Difference</b> Now, we look at how The Enneagram identifies your particular way of being in the world without needing to hold blame or guilt. This awareness helps you to not impose your way of being on others you relate with in your family or work. This session will look at the subtle differences between some lookalike personality types and their ways of acting.<br><b>Participants :</b> must have done the Introduction – Why do others see things differently ? or have knowledge of their Enneagram type.<br><b>Facilitators:</b> Amba and Worker |
| Thurs 18<br>June<br>Venue tba              | 10-12pm<br>\$40<br>Eventbrite<br>link above | <b>Introduction: The Enneagram - Why do others see things differently ?</b> A better understanding of your own personality type, & those in your family or those you interact with, will enable you to communicate better with others.<br><b>Group availability (teachers or health or welfare workers or Adults/Teams)</b><br><b>Facilitators:</b> Sue Huehn and Amba Lewis Rosman   |
|  | 1-3pm<br>\$40 Eventbrite<br>link above      | <b>The Enneagram: Healthy Types</b> Now, we will investigate 'what knowledge we get from the Personality Types to enable us to feel comfortable in how we are living in this world.'<br><b>Participants :</b> must have done the Introduction – Why do others see things differently ? or have knowledge of their Enneagram type.<br><b>Facilitators:</b> Amba and Worker   |

MYST Counselling Team would like to sincerely thank Springwood Sports Club and Springwood Neighbourhood Centre for providing the venues for the workshops.

